



Canadian Mental
Health Association
Vancouver-Fraser
Mental health for all

Association canadienne
pour la santé mentale
Vancouver-Fraser
La santé mentale pour tous

COVID-19 RECOVERY PHASE COMMUNICATION

To: Our valuable members and service partners

From: ECHO Clubhouse

Date: April 11th 2023

Re: ECHO Clubhouse Services: COVID-19 Recovery Phase Update and Service Plan 2023

ECHO Clubhouse is committed to providing our members with the range of supports and services they require as we continue to move forward in the recovery phase of COVID-19. In order to accomplish this, we have implemented several new changes in addition to our established precautionary adaptations. These changes include:

Masks

At the Clubhouses: Masking for staff and Clubhouse members is **no longer** mandatory. Mask wearing is recommended but it is the persons choice whether to wear a mask or not. Should you wish to wear a mask, you can wear your own personal mask or one provided by the clubhouse.

1:1 with Staff: If you are having a 1:1 with staff and would like the staff to wear a mask alongside you, please ask as we want to make sure you feel comfortable and safe.

Community Programs: When doing activities out in public whether indoors or outdoors, clients are required to follow the same guidelines that are in place for those settings. If you are attending a program with no mask guidelines it is therefore your own personal choice and we encourage everyone to be respectful of each individual choice/comfort levels.

Vaccine Passports

Members & Visitors are **not** required to have a vaccine passport to access Clubhouse services. If you need support requiring your vaccine passport please reach out to staff. To register for your vaccine passport please follow steps at the following link: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/proof>

Staff of the clubhouse are required to be vaccinated as per PHO guidelines

Physical Distancing

It is not required to keep 2m distance from one another. However, it is important to respect other people's personal space and comfort levels during this time.

Screening

Staff and members are required to be screened before entering the clubhouse. If you know you are unwell please stay at home and monitor your symptoms. Check in with staff if you have any concerns or call 811. Symptoms to be aware of include a persistent cough, loss of taste/smell, fever/chills, vomiting or diarrhea.

Hand Washing

Staff and members will all be encouraged to wash hands before and during programs. Hands can be washed at the MAC sink area or in the restrooms. Hand sanitizer will be accessible around the Clubhouse.

Clubhouse Cleaning

Staff will continue to clean the Clubhouse before and after each program. Members are also encouraged to clean the area in which they are seated.

Use of Appliances

Members are now welcome to use appliances without staff support. Wipes and hand sanitizer will be stationed at each appliance area. Appliances include coffee machine, water machine, board games, computers, photocopier etc. We encourage members to not crowd around these areas, please queue.





Canadian Mental
Health Association
Vancouver-Fraser
Mental health for all

Association canadienne
pour la santé mentale
Vancouver-Fraser
La santé mentale pour tous

Kitchen Access

Access to kitchen will remain in place only for staff or ambassadors supporting programs this includes the oven and microwave. If you need something from the kitchen please ask a staff person on site for assistance.

Eating

Eating meals and drinking is now fully permitted in the Clubhouse.

Program Booking

The booking system currently operating will remain in place going forward for most programs. To attend programs, you must register with a staff person by phone, email, text or in-person. Registration for programs opens at the end of each month for the upcoming month.

Capacity at Programs

The number of members now attending programs will depend on the location and type of program being offered rather than COVID limitations. Numbers for each program will vary.

Members capacity at Edmonds is 30 & Metrotown 15.

Virtual Programs

Virtual programming through zoom will continue every month through a variety of program options.

Outdoor & Community Programs

Every month outdoor and community programs will continue to be offered. Please note, some community programs may require a vaccine passport and this requirement will be clearly communicated on our monthly calendar.

Drop-in Times

We are beginning to reintroduce drop in programs throughout 2023. The drop in programs will be noted on the monthly calendar. If you wish to attend the Clubhouse for any reason, outside of the drop in times, such as to chat with a staff person, use the computer etc, you are recommended to book a time with a member of the team beforehand.

Members Re-Engaging in the Clubhouse

We recognize a number of members who once regularly engaged in the Clubhouse reduced their attendance or stopped when the pandemic began. We hope that with improvements in cases, vaccinations being given and reduced restrictions you will feel more comfortable to reengage with Clubhouse services. If you are wanting to reengage please reach out to a member of the team who will create a support plan to reintegrate you back into the Clubhouse.

BC Vaccine Registration

If you have not yet registered for a vaccine you are not too late. Health authorities welcome anyone to get their vaccine when they are ready. This will help keep you and others safe. Steps on how to register are listed here: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register>

If you have concerns, questions or need support in registering the ECHO team would be happy to support you.

In collaboration with Fraser Health, we will continue to monitor our members' needs, services, programs, and the adaptive actions required for delivering service during the COVID 19 recovery phase.

Date of next update: Following any changes made by the Public Health Officer or Fraser Health Authority

If more information is needed, please contact:

- Darren Quinn, Team Lead, on 604 902 6881 or darren.quinn@cmha.bc.ca or
- Clubhouse staff at 604-526-9606 or email Echoclubhouse@cmha.bc.ca

