



Canadian Mental Health Association
 Vancouver-Fraser
Mental health for all

Association canadienne pour la santé mentale
 Vancouver-Fraser
La santé mentale pour tous

CMHA VANCOUVER-FRASER

Position Posting

Job Title: Community Living Support Worker – Youth Focus

Union: BC General Employees’ Union (BCGEU)

Classification: Community Collective Agreement
 Support Worker 2, Grid 34 (\$31.56 to \$33.28 per hour)

Reports To: Program Manager, Housing

FTE: 1.0 FTE (37.5 Hours Per Week), Permanent

Location of Work: New Westminister- Office Base

Start Date: ASAP

Apply To: Ric DeVilla (Acting Director, Recovery and Innovation)
Ric.devilla@cmhavf.ca

MISSION STATEMENT

We are transforming mental health and wellness practice for individuals, communities, and organizations through programs and services that are rooted in innovation, inclusion and collaboration. Our core priority is: people first. We are here to help people. Our programs and services are intended to improve people’s lives. It is people – our team members, partners, volunteers and donors – who make that support possible. The guiding principles of our teamwork are: Intersectionality | Access | Leadership | Connections.

POSITION SUMMARY

Reporting to the Program Manager, Housing, the Youth Community Living Support Worker (“Worker”) assists program participants with mental health disabilities to live independently in the community.

The YSIL Worker assists program participants in learning life skills such as personal care, home management, and social skills through teaching methods such as demonstration, modeling, and positive reinforcement. The YSIL Worker observes the program participants’ functioning and reports and documents any changes in their mental health status.

The YSIL Worker also assists program participants with mental health disabilities to live successfully in the community by being part of a team which determines the appropriate care needed to meet

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individual needs and situational requirements. The Worker provides a variety of day-to-day physical, emotional, social supports, advocacy, life skills assistance, information, resources, and demonstrations to the program participants.

DUTIES AND RESPONSIBILITIES

- Assists the program participants to learn life skills, such as personal care (grooming, hygiene, laundry etc.), home management, nutrition (shopping, cooking), money management (budgeting, banking), time management, general problem solving, interpersonal communication, social skills, accessing necessary resources, maintaining daily structure, and participating in social/ leisure activities. Duties carried out in accordance with the goals established in the client's Individual Service Plan (ISP).
- Confers with the primary therapist from the referring Mental Health Centre, and the client, in the development of the goals as written on the ISP.
- Assists the client to organize and implement activities that meet the ISP goals.
- Assists program participants in housing searches and attends meetings with potential landlord (when necessary) regarding subsidized living arrangements. Helps client complete paperwork, when necessary, associated with tenancy agreements.
- Provides support with housing issues, such as: liaison with landlord and Financial Aid Workers, furnishing of apartments, arranging moves, setting up utilities.
- Monitors client's compliance with medication routine and provides medication reminders if necessary.
- Provides transportation and accompanies client on scheduled appointments, social/leisure activities, shopping trips, and other outings, as required in the client's ISP.
- Documents case notes on every meeting with the client, stating observations of affective changes, medication compliance, coping skills, lifestyle, habits, social contacts and involvement in the community. Documents number of service hours with client and contacts with therapists.
- Writes monthly progress reports for primary therapists. Attends ISP planning meetings every three months, in conjunction with primary therapist and client. Contacts primary therapist regarding any urgent client concerns.
- Attends team meetings and provides caseload updates when necessary.
- Researches community resources and provides relevant information and referrals to program participants.
- Provides marketing and outreach support to the program to external stakeholders.
- Supports the development and implementation of strategies to expand client recruitment.
- Performs other related duties as assigned.

GENERAL

- Submits regular activity reports, timesheets, expense forms, etc. as required;
- Reinforces and models work-related behavior and interpersonal skills;
- Represents the agency in a professional manner;
- Provides cover for other program staff as appropriate and required; and
- Other related duties as appropriate and required.



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POSITION REQUIREMENTS

- Has a post-secondary diploma or degree in a social science field;
- Minimum 1-year recent related experience in a community mental health program or an equivalent combination of education, training and experience;
- Basic First Aid and CPR certification;
- Class 5 B.C. Driver's License;
- Knowledge of computer word-processing;
- Ability to observe behavioral and emotional changes;
- Ability to communicate effectively, both verbally and in writing;
- Ability to work independently on a one-to-one basis;
- Basic understanding of mental illnesses and the principles of psychosocial rehabilitation;
- Ability to demonstrate and explain independent living skills;
- Physical ability to carry out the duties of the position; and
- Must own or have access to a vehicle during work hours.

Additional Position Requirements:

- Completes First Aid training, Non-Violent Crisis Intervention Training (NVCI), Suicide Awareness Training, and any additional training deemed appropriate or required by the employer; and
- Successful criminal record check for the vulnerable adults and children sector.

WORKING AT CMHA-VF

CMHA-VF is committed to employment equity and prioritizes the hiring of individuals from underrepresented groups including trans and gender diverse persons, Indigenous/Two-Spirit people, people of color and people with disabilities.

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