



Canadian Mental Health Association
 Vancouver-Fraser
Mental health for all

Association canadienne pour la santé mentale
 Vancouver-Fraser
La santé mentale pour tous

CMHA VANCOUVER-FRASER

Position Posting

Job Title: Occupational Therapist

Union: Hospital Employees’ Union (HEU)

Classification: Health Science Professional Bargaining Association
 Occupational Therapist Grade II, (\$42.56 to \$52.95 per hour)

Reports To: Clinical Supervisor: PPMB Project Manager
 Administrative Supervisor: Acting Associate Director, Recovery & Innovation

FTE: Full-Time (1.0 FTE, 37.5 Hours Per Week), Temporary until July 31, 2025 or until the return of the incumbent

Location of Work: Vancouver Office

Start Date: ASAP

Apply To: Genievieve Apolinar, Acting Associate Director, Recovery & Innovation
genievieve.apolinar@cmhavf.ca

MISSION STATEMENT

We are transforming mental health and wellness practice for individuals, communities, and organizations through programs and services that are rooted in innovation, inclusion and collaboration. Our core priority is: people first. We are here to help people. Our programs and services are intended to improve people’s lives. It is people – our team members, partners, volunteers and donors – who make that support possible. The guiding principles of our teamwork are: Intersectionality | Access | Leadership | Connections.

POSITION SUMMARY

This Occupational Therapist position will work within an interdisciplinary team including a Job Developer and Vocational Therapist to provide evidence-based interventions to people receiving income assistance who have the designation Persons with Persistent and Multiple Barriers (PPMB) or those accessing Primary Care. Working within the context of a client centered care approach and the vision/values of CMHA, the Occupational Therapist plans, develops and implements psychosocial rehabilitation assessment and intervention to clients referred to the program. Collaborates with family members/significant others, inter-disciplinary team members, educational resources and other health care professionals/providers to achieve excellence in health services and education.

Vancouver Office 110 - 2425 Quebec Street, Vancouver, BC V5T 4L6
New West Office 233 – 610 Sixth Street, New Westminster, BC V3L 3C2
Delta Office 4871 Delta Street, Delta, BC V4K 2T9
Website vf.cmha.bc.ca

Tel: 604-872-4902 Fax: 604-872-5934
 Tel: 604-516-8080 Fax: 604-872-5934
 Tel: 604-943-1878





DUTIES AND RESPONSIBILITIES

- Assesses clients' functional abilities/disabilities, goals, interests, needs, safety and environmental supports and resources by using recognized and specialized formal and informal occupational therapy, psychiatric rehabilitation, and/or physical assessments. Develops a plan to meet the identified client needs, in partnership with the client, caregivers/family, employers and other health care providers.
- Provides education and counseling to clients / families / employers regarding the functional and rehabilitation issues of clients in the areas of personal life, leisure, education and work and provides information and guidance to other caregivers and health providers.
- Acts as a group leader/co-leader in the provision of groups to meet the rehabilitation and psycho-educational needs of clients in the areas of personal life, leisure, education and work.
- Collaborates with interdisciplinary staff, health care professionals, employers and clients/families/caregivers and other community resources in the identification and resolution of client/family/caregiver care/employer issues, revision or termination of services, cultural and language barriers, ethical dilemmas, and coordination and integration of care, and makes referrals to other services providers, as appropriate.
- May act as case manager for a small number of rehab-ready clients.
- Maintains records in accordance with established procedures and policies and prepares/maintains statistical data, correspondence reports and other documentation, as required.
- Participates in in-services, inter-disciplinary case conference, committees, rehabilitation team meetings, and research activities, as required by CMHA, and collegially shares information, demonstrates and/or provides guidance on clinical/health related tasks, and reassigns clinical/health related tasks, if necessary.
- Represents the program and CMHA on local and regional committees and program planning and standards committees and participates in research activities, as required.
- Maintains standards of practice and develops professional competence through in-service and other educational means, as required by CMHA.
- Provides ongoing commitment to client services, program evaluation and continuous improvement to ensure best practice client services and that services are provided in most effective way.
- Performs other related duties, as required.

GENERAL

- Attends regular staff meetings, committee meetings and others as required.
- Submits regular activity reports, timesheets, expense forms, etc. as required.
- Reinforces and models work-related behaviour and interpersonal skills.
- Represents the agency in a professional manner.
- Provides cover for other program staff as appropriate and required.
- Obtains a successful criminal record check to work in a field with vulnerable adults and children, and obtains a successful criminal record check every 5 years.
- Completes First/Aid, Non-Violent Crisis Intervention Training, and Suicide Awareness Training or any other training as deemed appropriate by the employer.
- Other related duties as appropriate and required.



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POSITION REQUIREMENTS

- Master in Occupational Therapy from a recognized program and one-year satisfactory experience in a psychiatric and/or substance use setting working with adults.
- Current full registration with the College of Occupational Therapists of British Columbia (COTBC). Eligible for membership in the Canadian Association of Occupational Therapists (CAOT).
- Considerable understanding of occupational therapy principles and techniques.
- Demonstrated understanding of psychosocial rehabilitation (PSR) principles and techniques, preferably using the Recovery Centred Clinical System.
- Working knowledge of community health agencies and available services. Considerable understanding of vocational/educational assessment procedures together with a comprehensive knowledge of community resources and social services.
- Demonstrated abilities in facilitation, mediation, and conflict resolution techniques, and demonstrated analytical and problem-solving skills.
- Demonstrated ability to plan, implement, evaluate and modify rehabilitation programs/services and to plan/deliver and evaluate therapeutic programs.
- Demonstrated group work skills.
- Demonstrated ability to independently plan, organize and prioritize workload and adapt to a changing caseload.
- Demonstrated ability to conduct functional and specialized OT assessments.
- Working knowledge of psychiatric disorders.
- Demonstrated ability to work as a member of a multidisciplinary team.
- Demonstrated ability to communicate effectively, both verbally and in writing.
- Proven ability to defuse difficult and complex situations.
- Proven ability to respond therapeutically to clients by telephone.
- Ability to stimulate clients' interest, assess results of programs and work effectively on an individual or group basis.
- Ability to work with a culturally diverse population.
- Ability and commitment to work well with administration support and clerical staff are essential.
- Intermediate computer skills in Word, Excel, Outlook and outcome measurement and client relations management software.
- Ability to carry out the physical demands of the job.
- Successful completion of the Indigenous Cultural Safety training program is an asset.
- Personal experience with mental health issues, either through self or a loved one, is an asset in this position.
- Strong relationship building skills; including the ability to work collaboratively with diverse communities in a way that is culturally safe and trauma-informed.
- Fluency in a second language desirable.
- Current First Aid/CPR certification.
- BC Driver's Licence and use of a reliable personal vehicle during shifts.

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WORKING AT CMHA-VF

CMHA-VF is committed to employment equity and prioritizes the hiring of individuals from underrepresented groups including trans and gender diverse persons, Indigenous/Two-Spirit people, people of color and people with disabilities.

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